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Getting the balance right

The Association of Teachers and Lecturers are campaigning to improve the work-life balance in your school. Work-life balance is about meeting the needs of your school, while maintaining a quality of life for all staff.

If you want to achieve a better work-life balance, work with your ATL Rep, use the toolkit and tackle the issues in your school to get the balance right!

If you need support or advice to enable you to get involved email worklife@atl.org.uk



Association of Teachers and Lecturers the education union

Work life balance



Getting results for teachers.