



Time to tackle workload

it's about **time...**

**make 1
change**



[www.atl.org.uk/
abouttime](http://www.atl.org.uk/abouttime)

[#make1change](https://twitter.com/make1change)

ATL'S WORK-LIFE CAMPAIGN

We're tackling workload together

ATL recognises that excessive workload is one of the most serious issues facing the education profession.

We need healthy, enthused and motivated staff in our classrooms, who have the time to teach, support and inspire young people. And who also have the time to relax and be with their family and friends.

Thousands of you have already engaged with ATL's work-life campaign and it's having a positive impact in improving workload in schools and colleges.

ATL also contributed to the Government's three workload groups on lesson planning, marking and data management. The groups' reports provide a starting point for schools to tackle workload.



One change can make a difference:

Use our **work-life tracker** to track your working hours and to analyse what drives your workload.

Check out our **help and advice** on what you can do to manage your workload, including guidance on lesson planning, marking and data management.

Talk to your ATL rep, or email organise@atl.org.uk for support in **tackling workload together**.

Share, using the hashtag **#make1change**, the one thing you would change or do to improve your **work-life balance**.

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